

Jump Rope Camp by Kangaroo Kids

Camp Description:

Jump Rope by Kangaroo Kids

6-16 yrs / 1 wk starting Jul 8 / \$133

Want to learn basic single rope, Double Dutch and long rope skills? This camp is all about fun and fitness. Come improve your cardio-respiratory endurance, balance, coordination and muscular strength. Jumpers should bring their beaded jump ropes, or they can purchase one at camp for \$6. *Extended your hours with HC Summer Mix Camp.

Meadowbrook Athletic Complex

[RP7360.401](#)* 9 AM-noon M-F

[RP7360.402](#) 1-4 PM M-F

What to Bring:

- Bring your beaded jump ropes, or purchase one on the first day for \$6.
- Filled water Bottle
- Wear comfortable clothing
- Jumpers MUST wear athletic shoes
- Jewelry of any kind is discouraged.
- Complete and turn in the enclosed Camp Participant Information Form on-site to the Camp Director. This MUST be completed and on file at the camp before your child may participate.
- Complete and turn in the Medication Order form only if your child needs to take medicine during camp hours. (Includes inhalers, epi-pens, Benadryl, Tylenol, all prescription and non-prescription medication to be administered at camp).
- All campers MUST be signed-in and signed-out DAILY. Curb pick-up is not an option as a safety precaution for our campers. (A signed note must be given to the Camp Director for permission for your child to go home with anyone other than those listed on the Camp Participant Information form).

Important Forms:

- [Participant Information Form](#) [←click to access form online](#)
You MUST bring this form, completed and signed, with you on the first day of camp. Without this form, we cannot accept your child at camp. Please notify the Camp Director in writing of any allergies or health concerns pertinent to your child's camp experience.
- [Medication Order Form](#) [←click to access form online](#)
Sending medication to camp is highly discouraged. But, if it is necessary for medication to be administered during the operation of the camp, a Medication Order Form must be filled out and signed by the parent. A separate form is required for

each medication. All medications must be in the original container with the medication name, physician's name, dosage and expiration date.

Directions:

Meadowbrook Athletic Complex:

5001 Meadowbrook Lane, Ellicott City, MD 21043

From Route 29, exit Route 100 East. Exit onto Long Gate Parkway (the first exit). At the end of the exit ramp, stay left to go straight. After passing the Park & Ride, turn left into the park. From I 95, exit Route 100 West then exit 1A, Long Gate Parkway. At end of ramp, turn left. At the stop sign, turn right onto Meadowbrook Lane. Turn left into the complex.

Inclement Weather:

The county has established a program status hotline for Meadowbrook Athletic Complex for the convenience of our participants. For updates concerning if the building is open, please call 410-313-4452 and press 2 for the Meadowbrook Athletic Complex.

For More Information:

Tessa Hurd

Recreation Coordinator

410-313-4637

thurd@howardcountymd.gov